

## Resources for Children and Their Divorcing Parents

### For Divorced or Separated Parents

From Amazon at [www.amazon.com](http://www.amazon.com)

- Hardwick, C. (2002). *Dear Judge: Kid's Letters to the Judge*. Livingston, TX: Pale Horse Publishing - \$15.00
- Hetherington, E.M., & Kelly, J. (2002). *For Better or for Worse: Divorce Reconsidered*. New York: W.W. Norton. - \$11.96
- Lansky, V. (2000). *Vicki Lansky's Divorce Book for Parents*. Minnetonka, MN: Book Peddlers. - \$6.99
- Wallerstein, J., & Blakeslee, S. (1996). *Surviving the Breakup: How Children and Parents Cope with Divorce*. BasicBooks. - \$13.10
- Wallerstein, J., & Blakeslee, S. (2003). *What About the Kids? Raising Your Children Before, During, and After Divorce*. New York: Hyperion. - \$10.17
- *Dinosaurs Divorce* - \$7.99

From BooksChristian.com

- Neuman, M. G., *Helping Your Kids Cope with Divorce the Sandcastles Way* - \$13.95

### For Children of Divorced or Separated Parents

From Amazon at [www.amazon.com](http://www.amazon.com)

- Masurel, C. (2001). *Two Homes*. Cambridge, MA: Candlewick Press. - \$10.49 hardcover, \$6.99 paperback
- Rubin, J. A. (2002). *My Mom and Dad Don't Live Together Anymore: A Drawing Book For Children of Separated or Divorced Parents*. Washington, D.C.: Magination Press - \$11.46
- Evans, J. S., (2002). *How to Go to Visitation Without Throwing Up*. Livingston, TX: Pale Horse Publishing - \$15.00
- Hunt, A. E., (2000). *Keeping Your Life Together When Your Parents Pull Apart: A Teen's Guide to Surviving Divorce (Christian perspective)*- \$10.95

From Active Parenting at [www.activeparenting.com](http://www.activeparenting.com) or 1-800-825-0060

- J8506 - *It's Not Your Fault, KoKo Bear* \$7.99
- J8507- *No Es Tu Culpa, KoKo Oso - Spanish Version* - \$7.99
- J8465 *Goodnight, Daddy* - \$7.95

From Children's Rights Council at [www.gocrc.org](http://www.gocrc.org)

- Hickey, E. And Cohen, J. (1998). *I Love You More Than . . .* Salt Lake City, UT: Family Connections - \$16.95
- Lansky, V. (1998). *It's Not Your Fault, KoKo Bear*. Minnetonka, MN: Book Peddlers - \$5.99

### For Divorced Parents and Their Children to Use Together

From Waterfront Books 1-800-639-6063

- Ives, S. B., Fassler, D., Lash, M. (1985). *The Divorce Workbook: An Interactive Guide for Kids and Families*. Burlington, VT: Waterfront Books - \$19.50

From Amazon at [www.amazon.com](http://www.amazon.com)

- Coleman, W.L., What Children Need to Know When Parents Get Divorced (Christian perspective) - \$11.90
- Johnston, J. R., Breunig, K., Garrity, C., & Baris, M. (1997). Through the Eyes of Children: Healing Stories for Children of Divorce. New York: The Free Press. - \$17.95

### **For Stepparents**

From Amazon at [www.amazon.com](http://www.amazon.com)

- Stepwives: Ten Steps to Help Ex-Wives and Stepmothers End the Struggle and Put the Kids First - \$11.05
- Family Rules: Helping StepFamilies and Single Parents Build Happy Homes - \$12.00
- Encouraging Words for New Stepmothers - \$10.36
- Deal, R. L., (2002). The Smart Step-Family. Bethany House - \$11.89
- Pickhardt, C. E., (1997). Keys to Successful Stepfathering (Barron's Parenting Keys). Barrons' Education Series. - \$8.99
- Wisdom, S. & Green, J. (2002). Stepcoupling: Creating and Sustaining a Strong Marriage in Today's Blended Family. New York: Three Rivers Press. \$11.16

Check out Resources from the Stepfamily Association of America at [www.saafamilies.org](http://www.saafamilies.org)

### **For Stepchildren**

From Sunburst Publishers

- Schab, L. M. (1996). My Dad is Getting Married Again. Plainview, NY: Childsworld/Childsplay. - \$4.95

From Amazon at [www.amazon.com](http://www.amazon.com)

- Rogers, F., and Judkis, J. (2001). Stepfamilies (Rogers, Fred. Let's Talk About It). Putnam Publishing Group Juvenile - \$6.99
- Venable, L. A., and Harrison, J. M. (1999). The Not So Wicked Stepmother, A Book for Children and Adults. L.A. Venable Publishing. - \$9.95
- Wittman, S., & McCully, E. A., (1990). Stepbrother Sabotage. Harper Collins Juvenile Books - Use from \$1.99 (out of print).

### **For Adult Victims of Domestic Violence** (this does not exist anymore)

From KidsRights at [www.jistlife.com](http://www.jistlife.com) or 1-800-892-5437

- KO69X Into the Light, English version - \$3.95
- KO789 Hacia la Luz, Spanish version - \$3.95

### **For Child Victims of Domestic Violence**

From Amazon

- A Safe Place to Live, English version - \$3.95
- Un lugar seguro para vivir, Spanish version - \$3.95
- I Don't Want to Talk About It - \$8.95
- A Terrible Thing Happened - \$8.95

### **For Child Care Providers**

- Weisberg, Carole, D. ( 2000). *Children of Divorce in School-Age Care: A resource for the School-Age Care Professional and Youth Care Specialist*. School-Age Notes: Nashville, TN. Ordering info: AfterSchoolCatalog.com, 1-800-410-8780 \$10.95 plus \$7.95 shipping and handling.

### **Educational Programs for Children of Divorce**

- *Children in the Middle: Children's Version* - \$229 from the Center for Divorce Education (www.divorce-education.com, phone 740-594-7173 or FAX at 740-594-1724) - For school-age children to be used in small groups, ideally in 8 one-hour sessions. Contains video, Teacher's and Counselor's Manual and is to be used with the booklet "Surviving Divorce: A Student's Companion to Children in the Middle" at \$2.75 each (minimum order of 10). Discounts are available for quantity purchases - 100-499 are \$2.50 each and 500+ are \$2.25 each.
- *KIDS: Experts on Divorce* - A five-session program from the University of Minnesota for children in grades 3-5. Sessions are 1 ½ hours each. Recommended that a certified teacher and counselor be the facilitators. Currently available for pilot testing by notifying Denise Brandon.
- *TEENS: Experts on Divorce* - A curriculum from the University of Minnesota for children in grades 6-12 designed to be conducted through a four-day camp including 17 hours of content. Could be taught in after-school settings or other group settings with modification. Currently available for pilot testing by notifying Denise Brandon.
- *In the Middle: Caught Between Parents* - An educational package from the University of Minnesota to teach teens communication skills (focusing on "I" messages) they can use when caught in the middle between their parents. Includes a video, song, and six activities. Can be used as a stand-alone activity or as part of TED.
- *Children of Divorce: A Program for Children!* - A curriculum for children in grades 3 and 4 who have experienced their parents' divorce. The program is designed to be conducted with small groups (6-9 children) in 8 weekly sessions of one hour's length each. For more information contact Sean Brotherson at sbrother@ndsuxext.nodak.edu.
- *You and Me Club: A 4-H Program for Children Experiencing Family Transitions* - from the University of Connecticut is currently under development. This curriculum was initially developed for elementary age children who were experiencing the effects of parental separation and divorce. However, pilot data indicate that it would be equally suited for children who were experiencing other life events attending divorce --- moving, birth of half-siblings, remarriage and blending of families, etc. You will be notified when it is available.

### **Pamphlets from the Association of Family and Conciliation Courts**

available at [www.afccnet.org](http://www.afccnet.org) for \$ .25 each (\$ .20 each for orders over 1000)

- My Mom and Dad are Getting a Divorce
- When Parents Relocate—Moving Away and Long-Distance Parenting

- Information for Never-Married Parents
- A Guide for Joint Custody and Shared Parenting
- Making Your Parenting Plan Work
- Parents are Forever
- Is Mediation for Us?
- Preparing for Your Custody Evaluation
- FAQs Parents Ask About Separation, Divorce, and Child Custody
- FAQs Separating and Divorcing Parents Ask About Legal Matters
- A Guide for Stepparents